



October 2021

Canal Winchester Senior Citizens, Inc.

Canal Winchester Senior Citizens, Inc • 22 S. Trine Street • Canal Winchester, OH 43110 • (614) 837-8276

President's message

Happy October, everyone! We are planning to hold our Halloween Party October 26th. Let's make it the best one ever! Dress in your funniest or scariest costume for prizes this year. I can't wait to see what you come up with.

Love and hugs,

Tracy Weiland



Autumn is here and that means the leaves are starting to change and the air is starting to feel crisp. It's time to enjoy the days as they begin to shorten.

Start planning your Halloween costumes for our Tuesday, October 26 contest held at lunch. There will be prizes for the best outfits. For our little ones, Trick or Treat will be held on Thursday, October 28 from 5:30 - 7:30.

Linda

Founder's Day Celebration

October 16, 9am to 3pm

Historical Complex — 10 W. Oak St.

Harvesting History...

A chance to fall in love with a part of Canal Winchester rich in history and full of possibilities. The Canal Winchester Historical Society is hosting Founder's Day at their Historical Complex, located at 10 W. Oak Street. This is the home to the Queen of the Line train depot, the Prentiss Schoolhouse and the O.P. Chaney Grain Elevator.



VETERANS DAY CELEBRATION

November 6

★Pancake Breakfast for Veterans & their families at the Center from 8:30am to 10:00am

★Veterans March from Senior Center to Stradley Park at 10:00am

★Veterans Ceremony at Stradley Park
Immediately Following Veterans March

This patriotic community event is open to all, and is presented by the CW Senior Citizens Club, VFW Post #10523, and the City of Canal Winchester. Transportation provided by CW Human Services is available for disabled veterans.



LEAF RAKING

Saturday, November 6

9am to Noon

Canal Winchester High School students are going to help you get ready for winter. Call or stop in to sign up to request leaf raking at your home.

Canal Winchester school district addresses only.



Prescription Drug Take-Back October 23

Diley Ridge Medical Center parking lot - 10:00 am to 2:00 pm

Drop off unwanted prescription drugs. Stay in your vehicle, drop off medications and continue on your way.

Activities at Your Center

MONDAYS

9:00 - 3:00 Quilting Club

TUESDAYS

11:30 - 3:00 Lunch & cards

WEDNESDAYS

9:30 Chair Volleyball

1:00 (1st & 3rd) Painting Pals

1:00 (2nd & 4th) Belly Dancing Body Fitness

1:00 Yarn Works - knitting & crocheting group

THURSDAYS

Massages with Hillary (2nd & 4th)

1:00 (2nd & 4th) Tripoley

FRIDAYS

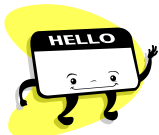
Noon - 3:00 (1st Friday) Bingo

11:00 (3rd Friday) Out to Lunch Bunch

12:00 - 3:00 (2nd & 4th Friday) - Euchre

Noon - 3:00 (2nd & 4th) Mexican Train Dominoes

Do you have a name badge identifying you as a member of C.W. Senior Citizens? Wearing name badges to activities helps people learn one another's names. Let us know if you would like to order a badge for \$3.



Weekly Lunches at the Center

Lunch is served Tuesdays at 11:30 am at a cost of \$3.00. Please sign up by noon on Friday for the following Tuesday.

The second Tuesday of the month the C.W. Senior Citizen's, Inc hold their monthly meeting and luncheon at noon. These are catered lunches for \$8.00. Tickets must be purchased by noon on Friday before the catered lunch.

Thanks to sponsorship donations by area businesses.

OCTOBER LUNCH SPONSORS:

Oct 5 - Cynthia Grotsky of Humana

Oct 12 - Catered lunch (noon)

Oct 19 - Ryan Homes - Turning Stone

Oct 26 - Kim Shook of FairHope Hospice

(wear your costume)



Catered Lunch



October 12

Spinach Salad

Meatloaf & Gravy

Roasted Potatoes & Honey Glazed Carrots

Rolls & butter

Pumpkin Pie

Iced tea & coffee

Catered by *Blue Moon Catering*. The meal is served at noon.

Cost is \$8.00.

Ticket must be purchased by October 8.

SOUP KITCHEN !!

October 26



Join us for our annual Halloween Party!

Lunch is provided by Canal Winchester Human Services.

Receive a FREE lunch with a food donation valued at least \$3.

This month's request is for Body Wash. Without a donation, lunch will be \$3 and the money is donated to the Canal Winchester Community Food Pantry.

There will be THRILLS, CHILLS and PRIZES for GREAT COSTUMES!!!

Out to Lunch Bunch Friday, October 15



**Schmidt's
German Village**

Don't miss our annual October trip to Schmidt's

Meet us at Human Services at 10:30 am to ride the van or meet at the restaurant at 11:00.

If you have ever joined us for Tuesday lunch you know that we pray before our meal. This is the prayer we say together:

Come Lord Jesus, be our guest

Let our food to us be blessed

And with Thy daily bread impart,

Thy love and peace to every heart. Amen

Happy Birthday

Oct 1 Marsha Grey, Carol Martin, Carol Christy
 Oct 2 Tom LoSchiavo, Mary Barrett
 Oct 3 Bette Schultz, Peggy Morris
 Oct 4 Patricia Christopher, Penny Miller
 Oct 5 Anne Blackwell
 Oct 6 Marlene Gust, Janet Armentrout
 Oct 7 Ellen Mastracci, Michael Smith, Wanda Wollom, Melissa Hatfield
 Oct 9 Bob Himler, Ruth Bable
 Oct 10 Judy Hutchinson, John Wollom
 Oct 11 Tracy Weiland
 Oct 12 Linda Herrick, Jeanne Johnston
 Oct 13 Pauline Stemen,
 Oct 16 Jane Kline
 Oct 17 Vicki Shaw, Stephen Jones, Render Phillips
 Oct 21 Mary Heister
 Oct 22 Gayle Breidenbach, Greta West, Connie Spruill
 Oct 23 Lloyd Quattlebaum, Linda Guthrie
 Oct 24 Buddy Queen, John Thum III, Dianne Schlicher
 Oct 25 Darla Wise
 Oct 26 Karen Barnhart, Cher West, Diane James, Chris Gibson
 Oct 27 Jane Forshey
 Oct 29 Chuck Miller
 Oct 30 Wayne Spetnagel
 Oct 31 Joanne Cordell, Glenn Ferrone



Happy Anniversary

Oct 1 Carl & Margaret Vollmer
 Oct 9 Marion & Gayle Breidenbach
 Oct 11 James & Carolyn Bohnlein
 Oct 14 Roger & Karon Fluharty
 Oct 17 Larry & Jan Dowler, Donald & Jean Moody
 Oct 16 Mark & Carol Burns
 Oct 19 Jim & Lelah Hedrick
 Oct 23 Keith & Pam Cline
 Oct 24 Lloyd & Sue Holbrook
 Oct 25 Jim & Vicki Shaw
 Oct 26 Richard & Sue Sompres
 Oct 28 Gary & Janet Armentrout



September Meeting Door Prize Winners



\$50 gift card - Lois Williams

Flowers - Phil Phelps

3 free lunch tickets - Dolores Dalton

Pat Dewitt

Mabel Vance



Halloween Costume Contest October 26

Join us for our annual Halloween costume contest before our Tuesday lunch at 11:30.

Ghostly prizes for the best costumes!!

Remember to sign up for lunch.



Sunshine Report by Linda Bryant and Allena Jordan

Call Linda and Allena at 614-824-0391 or the Center at 614-837-8276 if you know someone who would enjoy a card.



In Loving Memory of...

Robert Emmert

August 22, 1929 - September 11, 2021



"LADIES LOOKING LOVELY"

(formerly know as the Red Hat Society)

Join this group of lovely ladies as they meet for lunch, laughter and friendship.

Wednesday, October 20 ~ Noon

Delaney's Diner (6150 E. Main St, Reynoldsburg)

Contact Diane for details at 614-506-4810





YarnWorks

Wednesdays at 1pm

Do you like to knit or crochet? Come join some friends who enjoy this handiwork.

Sit a spell & stitch awhile!

B-I-N-G-O

Friday, October 1

Noon - 3:00 pm



Cost is \$2 for 2 cards

Violet Springs Health Campus is providing lunch!

~ Belly Dancing Body Fitness ~

October 13 at 10:30 & October 27 at 1pm

Halloween edition! Wear your costume!

Join Kylie from Human Services as she shares her skills in dancing and fitness. The class is low impact and focuses on core, cardio and stretch in a fun dance workout to music. Easy to learn and fun!

Cost of \$1 or more is donated to Human Services Senior Outreach programs. **WOW!!**

Painting Pals



October 6 & 20 ~ 1:30- 4:30

Are you an artist? Do you like to paint? Let's get together at the Community Center. Bring your paints and a table cover.

Progressive Euchre

October 8 & 22

Cost: \$2 per person



September 10 Winners

1st Place: **LuAnn Cooper**

2nd Place: **Allena Jordan**

3rd Place: **Patty Bond**

Loner: **Joanne Price**

Booby Prize: **Evelyn Mullins**



Chair Volleyball

Volleyball practices are Wednesdays at 9:30. It's a great upper body workout with friendly teammates. New members are always welcome. Just stop in and play. You might just like it. You will definitely get your daily laughs!

(NO volleyball on October 6. Our net broke and we are ordering a new one.)

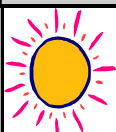
MEXICAN TRAIN DOMINOES

Fridays, October 8 & 22 at noon



Join Kathy Dickson as she shows us how to play Mexican Train Dominoes. It's simple to play and lots of fun!

Hillary Tennison, Licensed Massage Therapist



One Hour Senior Massages

Call Hillary at 1-740-503-3066

Take advantage of the **1/2 price senior rate of \$30.00!** Massages are given in complete privacy in the clinic of the C.W. Senior Center.

Call Hillary at 740-503-3066 or email hettennison@gmail.com for appointments usually on the second and fourth Thursdays of the month.

Lending Library at the Center

The center still has quite a few books which may be borrowed on the honor system. So come and help yourselves! There are also puzzles which you are welcome to borrow. Just stop by the center.



Quilters on the Canal

The quilters meet every Monday from 9am to 3pm. They are a group of ladies that share friendship and sewing.



Ohio Senior Health Insurance Information Program

OSHIIP

Do you need help navigating the Medicare Advantage plans, Medigap policies and drug plans? Ohio Department of Insurance offers free health insurance information and counseling.

Call the hotline at 1-800-686-1578.

C.W. Human Services Senior Transportation 614-834-4700

The Canal Winchester Senior Transportation Program provides a number of FREE services for **Canal Winchester and Lithopolis** residents who are at least 60 years of age and live within the Canal Winchester School District or The Village of **Lithopolis**.



The program includes daily and group transportation. Daily transportation is provided for both medical and personal appointments, with priority given to medical appointments. Group transportation includes trips to local groceries and a variety of Senior Citizens Club activities. To participate, new clients must fill out a client information sheet. Transportation service is curb to curb. If you need assistance, someone may accompany you.

~~ Call 834-4700 for your appointment. ~~

Appointments must be scheduled at least two working days in advance and appointments must be between 9am and 2pm.

GROCERY SHOPPING SCHEDULE

1st, 3rd, 5th MONDAY (12:00) - Meijer

2nd & 4th MONDAY (12:00) - Aldi

1st, 3rd, 5th TUESDAY (12:00) - WalMart

2nd, 4th TUESDAY (12:00) - Kroger



If you would like transportation for these trips, please call 834-4700 at least 2 business days before your requested day.

Everyday Divinity Foot Care
Make your appointment with
Heather at 614-716-9919.



The Canal Winchester Area Historical Society "brings history to life" in downtown Canal Winchester on October 22 and 23. The society will present their Annual Historic Ghost Tour exploring historic locations throughout downtown Canal Winchester.

The walking tours last about 90 minutes and begin at 7 pm. Each tour starts from the Historical Complex located at 10 W. Oak Street. Tickets may be purchased at the Train Depot beginning at 6:30 pm with the last tour departing at 7:30 pm. Tickets are \$10 for adults.

During the tour you will be entertained by actors portraying people from Canal Winchester's past.

CANAL WINCHESTER TRIPS

The following trips are funded by grants obtained by Canal Winchester Human Services. Checks must be payable to **Canal Winchester Human Services (CWHHS)**. Trips are limited to C.W. Senior Citizens members and require at least six people.

PAYMENT is due at sign up!

Trips depart from C.W. Human Services, 80 Covenant Way.

Decorative Arts Center presents...

Distinctly Paramount

Tuesday, October 5

Lunch at Downtown Bistro, then a guided tour of the museum.

\$5

Hollywood costumes and fashions from the Paramount Pictures vault are ready to dazzle visitors. Sketches and quotes from figureheads of the fashion industry decorate the walls, showcasing the creative process. **Leave Human Services at 10:30 am.**

CIRCLEVILLE PUMPKIN SHOW

Thursday, October 21



"The Greatest Free Show on Earth!"

Leave Human Services at 10am & leave there at 1:30pm

Shopping & Lunch in Pickerington

Friday, November 5

Volunteers of America & Kohls
Leave Human Services at 10am.



Shopping at Polaris Mall
& lunch at The Cheesecake
Factory

Wednesday, November 10
Leave Human Services at 10am.



STRAIGHT NO CHASER

Tuesday, December 21

Enjoy this amazing professional a cappella group at the Palace Theatre. Leave Human Services at 4:30 Dinner (on your own) before the show.

\$57.50 is due at sign up! ~~ 2 spots still available.

PARTNERSHIP TRIPS

The following trips are offered in partnership with Groveport and Pickerington Senior centers. Often Canal Winchester members will board in Groveport, however occasionally we board in Pickerington. Please pay attention at which Center you will board the bus.

Deposits are due at signup and checks are payable to **Pickerington Senior Center**. Brochures are available.

PENNSYLVANIA AMISH HOLIDAY TOUR

November 16 – 19

DAY 1 - Check into Heritage Hotel. Dinner at the Esh Farm.

DAY 2 - Breakfast at the hotel. Leave for a guided tour of the Amish Countryside including stops at an Amish Craft Farm and a Bake Shop. Lunch is on your own at Kitchen Kettle Village and time for shopping. Head to the Sight & Sound Theatre for a live performance of "Queen Esther." Dinner at the Hershey Farm Restaurant after the show.


DAY 3 - After breakfast, visit the Mennonite Information Center and Biblical Tabernacle to learn the unique way of life of the Amish and Mennonites. View a short documentary to learn how Mennonites differ from the Amish. Visit the town of Lititz for lunch and visiting the shops, including Wilbur Chocolates. Later, tour the Julius Sturgis Pretzel Bakery. Then return to the hotel before departing for dinner and for a musical revue at Shady Maple Smorgasbord. After dinner end the day at the American Music Theatre to enjoy a musical revue "Winter Wonderland."

Day 4 - After breakfast, depart for home.

\$429 per person ~ Space available. Need more people to go or the trip won't go!

OGLEBAY PARK

November 30

 Join us as we travel to Wheeling Park, a sister park to Oglebay for a buffet dinner. After dinner travel to Oglebay Park for a driving tour to see the beautiful Christmas lights and visit the gift shop for a little Christmas shopping. (*Dinner will be around 4pm, so you may want to bring a snack for the trip home.*)

The cost of **\$63** includes dinner, motorcoach transportation, and taxes and gratuities on included items. Payment due on sign up.

ISLANDS OF NEW ENGLAND

August 12-19, 2022

Highlights: Providence, Newport, choice of options on tour, Block Island, Cranberry Bog, Plymouth Rock, Cape Cod, lobster dinner, Martha's Vineyard, Provincetown, Hyannis, and Nantucket. Save \$100 if booked by February 12. Double **\$3249**.



Honor Flight

The mission of Honor Flight Columbus is to honor America's senior Veterans with a trip to Washington D.C. to celebrate their service. It is a free one day trip to Arlington National Cemetery, the World War II, Korean and Vietnam Memorials, and other sites. Any Veteran with active duty prior to May 7, 1975 is eligible. For information go to Honorflightcmh.org or contact Marion Breidenbach at 614-837-9744.

Wednesday, October 13, 2021
1:00 p.m. to 7:00 p.m.

To schedule an appointment call 1-800-RED CROSS, visit RedCrossBlood.org, sponsor code:
BrockStrong

Streamline your donation experience and save up to 15 minutes by visiting RedCrossBlood.org/RapidPass to complete your pre-donation reading and health history questions on the day of your appointment.



American Red Cross

redcrossblood.org | 1-800-RED CROSS | 1-800-733-2767



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Noon - BINGO	2
3	4 9-3 Quilting 10:00 Senior Board meeting	5 11:30 Lunch & Cards Sponsor: Humana, Cynthia Grotsky	6 No Volleyball 1:30-4:30 Painting Pals 7:00 Art Guild	7 Massages by appt 12-3 court	8 12-3 Progressive Euchre 12-3 Mexican Train Dominoes	9
10 2-6 rental	11 9-3 Quilting 10:00 VFW Board meeting 6:00 city meeting	12 Noon - Catered Lunch & meeting	13 9:30 Volleyball 10:30 Belly Dancing 1:00 YarnWorks 1-8 Red Cross	14 1:00 Tripoley 7:30 VFW	15 10:30 Out to Lunch Bunch	16
17	18 9-3 Quilting	19 11:30 Lunch & Cards Sponsor: Ryan Homes - Turning Stone condos	20 9:30 Volleyball 1:30-4:30 Painting Pals 1:00 YarnWorks	21 12-3 court	22 12-3 Progressive Euchre 12-3 Mexican Train Dominoes	23
24 31	25 9-3 Quilting 6:00 city meeting	26 COSTUMES! Soup Kitchen 11:30 Lunch & cards Sponsor: FairHope Hospice	27 9:30 Volleyball 1:00 Belly Dancing 1:00 YarnWorks	28 Massages by appt 1:00 Tripoley 5:30-7:30 Trick or Treat 7:30 VFW Kids Halloween Party	29	30

Canal Winchester Senior Citizens, Inc.
22 S. Trine Street
Canal Winchester, OH 43110
614-837-8276

PRSR STD
U.S. POSTAGE PAID
COLUMBUS, OH
PERMIT NO 9003

Dated Material Enclosed
Please deliver promptly



Trick or Treat
Thursday, October 28
5:30 - 7:30



Frances Steube Community/Senior Center
22 S. Trine Street
Canal Winchester, Ohio 43110
614-837-8276
Hours: 8:30 am - 4:30 pm

CENTER STAFF

Linda Tennison - Community Center Coordinator

2021 - 2022 Officers

President - Tracy Weiland

Vice President - Judy Phelps

Secretary - Bev Boyce

Treasurer - Kathy Dickson

Trustee - Jeanne Johnston (3rd Year)

Trustee - Theresa Stewart (2nd Year)

Trustee - Martha Cox (1st Year)